Dental Resources for Seniors & People with Disabilities

**Low-Cost Dental Clinics**
There are limited options for adults on Medicaid who need dental care in Skagit County. The following clinics usually accept Medicaid. Most of them also offer a sliding fee payment schedule (what you pay is related to your income). Some of these clinics have very long waiting lists. Call each one to get specific details.

<table>
<thead>
<tr>
<th>Clinic Name</th>
<th>Address</th>
<th>Phone Numbers</th>
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<tbody>
<tr>
<td>Sea Mar Dental Clinic</td>
<td>119 E. Fairhaven, Burlington, WA 98233</td>
<td>(360) 755-9151</td>
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<tr>
<td>Sea Mar Dental Clinic</td>
<td>1400 LaVenture Road, Mount Vernon, WA 98273</td>
<td>(360) 428-4075 or (360) 542-8901</td>
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Clinic accepts appointments for adults with dental emergencies at 8am and 1pm, Monday - Friday. Non-emergent care is extremely limited; call to make an appointment.

Adults with dental emergencies must make appointments by calling phone numbers above. Not currently accepting new adult patients.

**Low-Cost Dental & Denture Clinic**
The nearest low-cost dental clinic which provides dentures is the Geriatric Dental Group in Federal Way, WA. Geriatric Dental Group is a not-for-profit organization that has been in operation since 1974, providing dentures, periodontal work, X-rays and general dental work to seniors at reduced rates. Grant-funding covers the costs of dental care for those who are unable to pay. Patients must be at least 55-years old or disabled and show proof of economic need.

Geriatric Dental Group
728 South 320th Street, Ste. A
Federal Way, WA 98003
(253) 839-1300
www.geriatricdental.org

**WSDA Outreach** – A Program of the Washington Dental Association
If you are over 65 or disabled, a Washington State resident, and have no dental insurance, you may apply for the Dental Access program. Under this program, several dentists who are members of the Washington Dental Association will give a 25% discount. You must have a moderately low income ($24,500 for a single person and $33,000 for a couple), and pay the discounted amount in full at the time of service. If you are 65 or older and wish to be screened and referred, call Senior Information & Assistance at (360) 428-1301. Younger disabled people must enroll through the Dental Association: 1-800-448-3368.
Dental Insurance

Some insurance agents can offer you dental insurance. Consider the following before purchasing:

1. Be aware of the limitations of each policy. Often people call for insurance when they have a current need, but most policies have a waiting period before major work can be done. Others have limited coverage for certain procedures.
2. Determine your need for insurance by reviewing your past dental health and your ability to pay the monthly premiums. (For example, sometimes the cost of a yearly exam and cleaning is less than the annual premium for the insurance - which may increase annually.)
3. Companies currently offering dental insurance to individuals in Skagit County can be contacted directly or through an insurance agent.

Dental Health Services 1-800-248-8108
Matrix 1-800-929-6123
Regence Blue Shield 1-888-344-8234
Brokers National 1-800-798-1125
Primestar 1-866-847-1120
Group Health 1-888-901-4636

Call Statewide Health Insurance Benefits Advisors (SHIBA) for further details at 1-800-397-4422.

Local SHIBA offices:  Anacortes: (360) 299-4212
Mount Vernon: (360) 814-2345
Sedro-Woolley: (360) 856-7298

Dental Discount Plans
The concept behind dental discount plans is that you pay a monthly fee, go to a participating dentist, and receive discounted dental services. These types of programs may appear to be insurance, but are not. The Office of the Insurance Commissioner does not regulate them. Before buying one, check the company out with the Better Business Bureau.

Dental Care of Persons with Disabilities (DECOD)
DECOD at the University of Washington (UW) helps people with developmental disabilities who need special dental care at their clinic in Seattle. The clinic will bill Medicaid, DVR, and other third-party insurers. For an application package call (206) 543-4619.

Location:
Room B239 - UW Health Sciences Building - Seattle
Located on NE Pacific St. (between 15th Avenue NE and Montlake Bridge)

Medicaid recipients may be eligible for transportation to appointments – call (800) 860-6812 between 8:30am-4:30pm, Monday through Friday. You must call at least two full working days in advance.