

**Family Caregiver Library - Whatcom County  
Northwest Regional Council  
Updated September 2009**

ID	Quantity	Item	Video Length	Library	Category	Title	Author	Year	Location of Publisher	Publisher	Alternate Category(ies)
70	1	Book		I&A	Aging	Family Carebook-Guide for Families of Older Adults	Kenny, E. Dennis.	1991	Seattle, WA	Caresouce Development Program	Caregiving
72	1	Book		I&A	Aging	The Gift of Significance: Walking w/People Th. Los	Manning, Doug	1992	Hereford, TX	Sight Books, Inc.	Caregiving
80	1	Book		I&A	Aging	The Compact Life/ Center on Aging, John A. Burns			Honolulu, HI	U of Hawaii, Center for Aging	EndofLife
92	1	Book		I&A	Aging	Living in the Labirinth	McGowin, Dianna Friel	1993	New York, NY	Bantam Doubleday	Misc.
96	1	Binder		I&A	Aging	Older American Act of 1965 and the Native American	U.S. Government Printing Office	1993	Washington	AASA	
118	1	Folder		I&A	Aging	Aging and Elder Care	Wagner, A Vivian, Ph.D.	2000	Emeryville, CA	Parlay International	Caregiving
170	1	Video		I&A	Aging	It's A Great Life			Overland Parks, KS	Opus Communication s	
238	1	Book		I&A	Aging	Nursing Home or Boarding Home	Dorothy Kirk Ridge, R.N., C.	1993	Bedford, MA	Mills & Sanderson, Publishers	Misc.
239	3	Book		I&A	Aging	Choosing A Nursing Home	US Dept. Health/Human Resources			US Dept. of Health/Human Resources	
291	1	Book			Aging	AARP Home Modification	AARP				
323	1	Book			Aging	The Complete Life	Center on Aging				
348	1	Book		I&A	Aging	Blessed is She					
349	1	Book		I&A	Aging	Aging Americans Speak	Snow, Jan	2008	Texas	Bookworm	
79	1	Binder/book			Aging/residence s	Homeplace News From Home Place of Burlington/Oak H			Burlington, WA	Home Place Special Care Center	Alzheimers/Demntia
314	2	Book			Alzheimer's	Mayo Clinic On Alzheimer's Disease	Ronald Petersen	Mayo Clinic			
315	1	Book			Alzheimer's	My Mother's Voice	Sally Callahan		Elder Books		

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335	1	Book			Alzheimer's	There's Still a Person in There	M. Castleman, D. Gallager-Thompson, M. Naythons				
2	5	Book		FCSP	Alzheimers/Dementia	Understanding Difficult Behaviors:Some Practical..	Robinson, Anne, Spencer, Beth, White, Laurie	1989	Ypsilanti, MI	Eastern Michigan University	Caregiving
5	1	Folder		FCSP	Alzheimers/Dementia	Personal Profile of the Person with Dementia (ASW)	ASW	1995		ASW	
6	1	Book		FCSP	Alzheimers/Dementia	Keeping Busy: Handbook of Activities...Dementia	Dowling, J.R.	1995	Baltimore, MD	John Hopkins University Press	Caregiving
7	1	Book		FCSP	Alzheimers/Dementia	The Best Friends Approach to Alzheimers Care	Bell, Virginia, Troxel, David	1997	Oakland, CA	Health Professions Press	Caregiving
12	1	Book		FCSP	Alzheimers/Dementia	The Alzheimers Source Book for Caregivers...	Gray-Davidson, F.	1999	Los Angeles, CA	Lowell Press	Caregiving
20	1	Video Series		FCSP	Alzheimers/Dementia	Managing & Understanding Behavioral Problems in...				Alzheimers Disease Research Center	
21	1	Video Series		FCSP	Alzheimers/Dementia	The Caregiver Series		1990		Alzheimers Association	Caregiving
25	1	Video	23 min.	FCSP	Alzheimers/Dementia	Dealing with Alzheimer's - Facing Diffucult Decis.				Terra Nova Films	Caregiving
29	9	Book		FCSP	Alzheimers/Dementia	Your Name is Hughes Hannibal Shanks: A CG' Guide	Shanks, L.K.	1996, 1999	New York, NY	The Penguin Putnam Group	Caregiving
30	4	Book		FCSP	Alzheimers/Dementia	Doing Things: A Guide to Programing Activities...	Zgola, J.M.	1987	Baltimore, MD	The John Hopkins University Press	Caregiving
31	1	Book		FCSP	Alzheimers/Dementia	You Are One of Us: Successful Clergy/Church ...	Gwyther, L.P.	1995	Durham, NC	Duke University Medical Center	Misc.

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36	1	Book		FCSP	Alzheimers/Dementia	Sexuality & the Alzheimer's Patient	Ballard, E.L., A.C.S.W., Poer, C.M., B.A.	1993	Durham, NC	Duke University Medical Center	Misc.
37	1	ChildrensBook		FCSP	Alzheimers/Dementia	Danger at Rocky River: The NeuroExplorers in a...	Chetkovich, D.	1997	Houston, TX	Baylor College of Medicine, WOW Publications	Alzheimers/Dementia
38	2	ChildrensBook		FCSP	Alzheimers/Dementia	Through Tara's Eyes: Helping Children Cope with...	Baumann, Betty. & Conners, E.	1995	Rockville, MD	American Health Assistance Foundation	Alzheimers/Dementia
62	1	ChildrensBook		FCSP	Alzheimers/Dementia	Grandpa Doesn't Know It's Me	Guthrie, Donna	1986	New York, NY	Human Sciences Press Inc.	Alzheimers/Dementia
64	1	Binder		I&A	Alzheimers/Dementia	The Power of Nutrition in CG Montana	Cranston, Marie	1998	Bozeman, MT	Alzheimer's Demonstration Project	Alzheimers/Dementia
84	1	Folder		I&A	Alzheimers/Dementia	Working with Your Doctor When You Suspect Memory P			CA	Alzheimer's Association	Caregiving
85	1	Book		I&A	Alzheimers/Dementia	Alzheimer's Disease, An Overview for Primary Care	Warshaw, Gregg A., M.D., & Gwyther, Lisa P., MSW.	1997	University of Arizona Health Science Center		Alzheimers/Dementia
89	1	Book		I&A	Alzheimers/Dementia	Dementia Care Patient, Family, and Community	Mace, Nancy, L.		Baltimore, MD	John Hopkins University Press	Caregiving
152	1	Video	17 min.	I&A	Alzheimers/Dementia	Orientation to Alzheimer's Association	Alzheimer's Disease and Related Disorder Associati	1990			Nursing
153	2	Video		I&A	Alzheimers/Dementia	Triad Starter Kit, Three for the Management of Alz	Pfiser Inc. and Eisai Inc	1997			Nursing
154	1	Video	15 min.	I&A	Alzheimers/Dementia	Alzheimer's Disease ... Let's Talk About It	Davis, L, Kenneth, M.D.; Martin, B. Deborah, M.D.;			Educational Resourse Center	Nursing
157	1	Video	21 min.	I&A	Alzheimers/Dementia	Dealing With Alzheimer's Disease A Common Sense Ap				Terra Nova Films	Nursing

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158	1	Video		I&A	Alzheimers/Dementia	ABCs: An Introduction	Teri, Linda, Ph.D.		Seattle, WA	University of Washington	Nursing
159	1	Video	21 min.	I&A	Alzheimers/Dementia	Alzheimers ... A Personal Story				Terra Nova Films	Nursing
160	3	Video	20 min.	I&A	Alzheimers/Dementia	Alzheimer's Association, The Caregiver Series: Com		1990		Alz.'s Disease & Related Disorders Assoc.	Nursing
161	2	Video	15 min.	I&A	Alzheimers/Dementia	Alzheimer's Association, The C G Series: Meeting		1990		Alz.'s Disease & Related Disorders Assoc.	Nursing
162	1	Video		I&A	Alzheimers/Dementia	Alzheimer's Association, The C G Series: Managing		1990		Alz.'s Disease & Related Disorders Assoc.	Nursing
163	1	Video		I&A	Alzheimers/Dementia	Alzheimer's Association, The C G Series: Safety Fi		1990		Alz.'s Disease & Related Disorders Assoc.	Nursing
164	1	Video		I&A	Alzheimers/Dementia	Alzheimer's Association, The C G Series: Caring F		1990		Alz.'s Disease & Related Disorders Assoc.	Nursing
165	1	Video		I&A	Alzheimers/Dementia	Alzheimer's: A Disease of Many Cultures	Ricker, Beverly		Puget Sound	Alzheimer's Association	Nursing
166	1	Video		I&A	Alzheimers/Dementia	Alzheimer's: A Disease of Many Cultures U of Wash.	Borson, Soo, M.D.			Alzheimer's Disease Rsrch, U. of Washington	Nursing
167	1	Video		I&A	Alzheimers/Dementia	Alzheimer's: A Disease of Many Cultures A Panel Di		1990	Puget Sound	Alzheimer's Association	Nursing
168	1	Video		I&A	Alzheimers/Dementia	Alzheimer's: A Disease of Many Cultures	Lustbader, Wendy	1990	Puget Sound	Alzheimer's Association	Nursing

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174	1	Video	31 min.	I&A	Alzheimers/Dementia	A Thousand Tomorrows Intimacy, Sexuality And Alzhe			Chicago, Ill	Terra Nova Films	
178	1	Video	22 min.	I&A	Alzheimers/Dementia	Early Onset Memory Loss: A Conversation With Letty				Terra Nova Films	Nursing
195	1	Video	10 min.	I&A	Alzheimers/Dementia	Oral Care for the Alzheimer's Patient	Washington State Dental Association	1999	Seattle, WA		Nursing
235	1	Video		FCSP	Alzheimers/Dementia	He's Doing This to Spite Me: Emotional Conflicts			Chicago, IL	Terra Nova Films	Caregiving
236	1	Video		FCSP	Alzheimers/Dementia	A Thousand Tomorrows: Intimacy, Sexuality & Alzhei			Chiago, IL	Terra Nova Films	
251	1	Video			Alzheimers/Dementia	Aricept: Successful Management				Eisai Co Ltd.	
119	1	Binder		I&A	Alzheimers/Dementia	Finger Foods For Independence For People with Alzh	Newton, Lois, B.A. PPL. Sci, Stewart Alan, Msc (HN	1997	Adelaide, South Australia	Creative State Pty Ltd.	Food/Nutrition
309	4	Book			Alzheimer's/Spnish	La Enfemedad de Alzheimer's	NIH/NIMH				
253	10	Book			Cancer	Cancer Series: 10 Subjects				Nat'l Cancer Institute	
4	1	Book		FCSP	Caregiving	Male Caregiver's Book: ...Loved One with Alzheimers	Alzheimers Association	1992	Iowa	-	Alzheimers/Dementia
8	1	Book		FCSP	Caregiving	Taking Time for Me: How CG's can ...Deal with Stress	Karr, Katherine L.	1992	Buffalo, NY	Prometheus Books	
13	1	Book		FCSP	Caregiving	Counting on Kindness: the Dilemmas of Dependency	Lustbader, W.	1991	New York, NY	Free Press	
14	1	Book		FCSP	Caregiving	Gentlecare	Jones, M.	1999	Point Roberts, WA	Hartley & Marks Publishers, Inc.	
15	4	Book		FCSP	Caregiving	The 36 Hour Day	Mace, N.L. & Rabins, P.V.	1999	Baltimore, MD	The John Hopkins University Press	

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16	1	Book		FCSP	Caregiving	Making the Moments Count	Decker, J.A.	1999	Baltimore, MD	The John Hopkins University Press	Aging
18	1	Book		FCSP	Caregiving	Coping with Caregiving: A Common Sense Approach	Pirie, Inez, RD	1996	Amarillo, TX	Ruhl Press	
22	2/ tapes	Binder		FCSP	Caregiving	Caregivers's Support Kit				National Caregiving Foundation	
24	1	Video Series		FCSP	Caregiving	The Educated Caregiver Series		1998	Nashville, TN	Lifeviews Resources	
32	1	Book		FCSP	Caregiving	The Home Care Companion's Quick Tips for CG's	Karpinski, Marion, R.N.	2000	Canada	Healing Arts Communication	
33	1	Book		FCSP	Caregiving	A Family CG'S Guide to Planning & Decisions Making	Wilkinson, J.A.	1999	Minneapolis, MN	Fairview Press	Alzheimers/Dementia
34	1	Booklet		FCSP	Caregiving	The CG Survival Series: ...	Sherman, J.R. Ph.D.	1998	Golden Valley, MN	Pathway Books	
35	1	Book		FCSP	Caregiving	Reclaiming Time: CG Relief & Renewal	Task Force of Aging	1996	Seattle, WA	Church Council of Greater Seattle	
39	1	Book		FCSP	Caregiving	Taking Care of Your Aging Family Members	Hooyman, N. & Lustbader, W.	1986	New York, NY	The Free Press	Aging
41	1	Book		FCSP	Caregiving	When Men Grieve: Why Men Grieve Differently and How	Levang, Elizabeth	1998	New York, NY	Fairhaven Press	End of Life
42	1	Book		FCSP	Caregiving	How Did I Become my Parents' Parent	Schiff, Harriet S.	1996	New York, NY	Penguin Books	Caregiving
43	1	Book		FCSP	Caregiving	Coping with Caregiving Worries	Sherman, James, R.	1998	Golden Valley, MN	Pathway Books	Caregiving
44	1	Book		FCSP	Caregiving	The Magic of Humor in Caregiving	Sherman, James, R.	1995	New York, NY	Pathway Books	Caregiving
47	1	Binder		FCSP	Caregiving	Caregiver Hiring Manual and Tool Kit	KS Consulting,	?	Seattle, WA	KS Consulting	Caregiving
48	1	Binder		FCSP	Caregiving	Aging And Elder Care	Wagner, Vivian, A.	2001		Parlay International	Aging
50	1	Video		FCSP	Caregiving	The Gift And Grace of Being a Caregiver: Maintaini	Aquarius Production	?	Shelton, MA	Willowgreen Productions	Caregiving

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52	2	Video		FCSP	Caregiving	Grandparents Raising Grandchildren			Boston, MA	Fanlight Productions	Aging
54	1	Game		FCSP	Caregiving	Life Stories: A Fun Game of Telling Tales and Shar	Talacor, Inc.	1992	Pomona, CA		Caregiving
61	1	Book		I&A	Caregiving	Help for Caring for Older People Caring for an Adu	Janiki, Mathew P. Ph.D.	1996	Albany, NY	New York Developmetal Disabilities Planning	Aging
65	1	Book		I&A	Caregiving	Helping Families Help	Montgomery, J.V. Ph.D.	1985	Seattle, WA	University of Washington Press	Aging
66	1	Book		I&A	Caregiving	Mealtime Manual for People with Disability and the	Klinger, Lannafeld, Judith O.T.R., M.A.	1978	Camden, NJ	Campbell Soup Company	Health
68	1	Book		I&A	Caregiving	How to Care for Your Parents-A Handbook ...	Levin, N.J.	1990	Friday Harbor, WA	Storm King Press	Aging
71	2	Book		I&A	Caregiving	Challenges and Innovations in Homecare	Handy, Joanne, &Schuerman K. Charlotte	1994	San Francisco, CA	American Society on Aging	Aging
75	1	Book		I&A	Caregiving	La Comidad de hogar Guia ilustrada y detallada de	Meyer, Maria. M &Derr Paula	2002	Portland, OR	Care Trust Publications, LLC	Spanish
83		Binder		I&A	Caregiving	Coping with Caregiving/ Stress Management	Vicki L. Schmall, & Ruth E. Stiehl	2002	Idaho	University of Idaho	Nursing
86	1	Book		I&A	Caregiving	Positive Caregiving Attitudes	Sherman, James, Ph.D.	1994	Golden Valley, Minnesota	Pathway Books	Nursing
88	1	Book		I&A	Caregiving	The Family Care Book: A Guide for Families and Old	Kenny, Dennis. E., &Oettinger, Elizbeth, N	1991	Seattle, WA	Caresource Program Development	Health
90	1	Book		I&A	Caregiving	Preventing Caregiving Burnout , Cost, Loss of Effe	Sherman, James R., Ph.D.	1994	Golden Valley, Minnesota	Pathway Books	Nursing
91	1	Book		I&A	Caregiving	Creative Caregiving "Everyone has at Least a Pinch		1994			
93	1	Book		I&A	Caregiving	A Caregiving Guide to Information and Resources	AARP		Washington, D.C.		Nursing

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97	1	Book		I&A	Caregiving	Fundamentals of Caregiving Student Manual	Aging and Adult services Administration	1999	State of Washington	Department of Social and Health Services	Aging
98	9	Book		I&A	Caregiving	Caregivers' Handbook	AASA		Olympia, WA	WA State Dept. of Social and Hlth svcs. Warehouse	
114	1	Book		I&A	Caregiving	Handbook of Diabetes Nutritional Management	Powers, A. Margaret M.S., R.D.	1987	Rockville, Maryland	Aspen Publishers	Food/Nutrition
126	3	Book		I&A	Caregiving	Coping with Bowel And Bladder Problems	King, Doherty, Barbara, M.S., RNC, GNP & Harke Jud	1994	San Diego, Ca	Singular Publishing Company	Nursing
128	1	Chart		I&A	Caregiving	Quest Diagnostics	Quest Diagnostics, Inc.	1999		Quest Diagnostics	Misc.
134	34	pamphlet		I&A	Caregiving	My Action Plan to Control My Blood Sugar					
141	1	Book		I&A	Caregiving	Prevention and Treatment of Pressure Sores	The American Diabetes Corporation	1991	Evansville, Indiana	Bristol Myers Squibb Company	Nursing
155	1	Video	30 min.	I&A	Caregiving	Giving And Taking	FHP Video		Long Beach, CA		Caregiving
156	1	Video		I&A	Caregiving	Care Giver Orientation in the State of Washington	DHSH	2002			
169	1	Video	23 min.	I&A	Caregiving	Grandparents Raising Grandchildren				Fanlight Productions	Misc.
214	1	Video	60 min.	I&A	Caregiving	Ramps for Home Access and Home Access Solutions	The Ramp Project Teleconference	1996			Misc.
254	3 with tape	Manual			Caregiving	Caregiving Kit Support				Nat'l Caregiving Foundation	
255	1	Book			Caregiving	Creative Caregiving	James Sherman				
290		Book			Caregiving	Coping with Caregiving	Pacific NW Extension				
302	4	Books			Caregiving	How to Care for Aging Parents			New York	Workmen Publishing	

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334	1	Book			Caregiving	The Caregiver Help Book	Vicki Schmall, M. Cleveland, M. Sturdevant				
340	1	Book			Caregiving	Validation	Naomi Feil				
358	1	Pamphlet		FCSP	Caregiving	The Gift Of Caregiving: Creativity, Compassion...	Horne, Dianne	2008			
359	2	DVD		FCSP	Caregiving	The Dollmaker: When Dependency Increases	OSU	1990		OSU Extention	
360	1	Book		FCSP	Caregiving	Counseling the Alzheimer's Caregiver	Mettleman, et.	2003		AMA	
336	1	Soft Booklet			Caregiving/Servi ce & Prgram Resource	The National Family Caregiver and Support Program	Administration on Aging				
301	1	Book			Challenging Personalities	How to Deal with Difficult People	Pam Grout			Skill Path Publications	
258	1	Book			Committee Report on Aging	Compilation/Older Americans' Act / Native American		1965		Committee on Education & Labor 1992 # 103-E	
188	1	Book	60 min.	I&A	Communication	Breaking the Ice	Deboral Shause/Skill Path Publications			PBS Documentary	
303	1	Book			Cookbook	Low Fat Meat and Poultry	Carlson Wade				
333	1	Book			Coordinating People	The Supervisor's Guide	Jerry Brown/Denise Dudley				
248	1	Video			Coping with	Communication/A.D.				Home Care Companion	
321	1	Book			Coping With Change	Reinventing Yourself	Mark Towers		Skill Path Publications		
332	1	Video			Culturally Diverse/Caregivi ng	Thou Shalt Honor	KCTS/AXA Foundation				
249	1	Video			Dementia	One Minute at a Time/One question				Council on Aging, A.D.	
250	1	Video	60 min.		Dementia	Alzheimer's Disease 'Waves of Stone'				Glaxo-Wellcome	

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350	1	Book		FCSP	Dementia	Creating Moments of Joy	Brackey, Jolene	2007		Brackey	
352	1	Book		FCSP	Dementia	Caring for a Person with Alzheimer's Disease	Inst. Aging			Institute Aging	
355	1	DVD		FCSP	Dementia	Your Time To Care	AFA	2006		AFA	
356	1	Pamphlet		FCSP	Dementia	Understanding Difficult Behaviors	EMU	1989	Michigan	AEP	
244	1	Folder			Diabetes	"The Channel "				American Diabetes Ass.	
260	2	Pamphlet			Diabetes	Diabetes & Exercise	K. Knutsen, M. Lynch, Z. Fune-Polk			WWU	
326	1	Book			Diabetes/Cookbook	The American Diabetes Cookbook/Family Cookbook	American Diabetes Ass.				
283	1	Folder			Diabetes/Health	American Diabetes Ass.	"The Channel"/Handouts				
267	1	Book			Eating Difficulties	Finger Foods for Independence	Newton, L; Stewart, A.				
300		Xeroxed pages			Education	Dementia Education and Training	Class copies				
337	1	Video/Binders			ElderCare	The Dollmakers	WSU Coop Extension		Whatcom County/WSU		
338	1	Video/Binder			Eldercare	Two-Sixty Prince Lane	WSU Coop Extension		Whatcom County/WSU		
217	1	Video		I&A	Electric Wheel Chairs	Hoveround			Saratosa, FL		Scooters
26	1	Video Series		FCSP	End of Life	On Our Own Terms: Bill Moyers & Dying	Bill Moyers	2000	Boston, MA	Fanlight Productions	Caregiving
40	1	Book		FCSP	End of Life	Choices at the End of Life	Norlander, Linda. & McSteen, Kerstin	2001	New York, NY	Fairhaven Press	Aging
95	1	Book		I&A	End of Life	As Someone Dies	Johnson, Elizabeth A.	1987	Carson, CA	Hay House Inc.	Death
304	1	Book			End of Life	How We Die	Sherman Nuland				
284	1	Video			End of Life Stories	Breaking the Ice	Hawaii Islands' Hospice Org.				
10	1	Book		FCSP	EndofLife	Dying at Home: A Family Guide for Caregiving	Sankar, A.	1999	Baltimore, MD	John Hopkins University Press	Caregiving

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245	2	Videos			Family Help	Caregiver Survival Kit				Nat'l Family Caregiver's Ass.	
357	1	Pamphlet		I & A	Financial	Consumers Guide to Reverse Mortgages	AARP	2007		AARP	
264	1	Book			Financial Planning	Going for the Gold	Bissett, Lesley D.			Skill Path Publ.	
1	2	Book		FCSP	Food/Nutrition	The Safe Food Book: Your Kitchen Guide (Bul. #241)	United States Dept. of Agriculture	1984 (revised slightly 1985)		Consumer Information Center	
11	1	Book		FCSP	Food/Nutrition	Laurel's Kitchen: Caring Recipes for Everyday ...CG	Robertson, L.	1997	Berkeley, CA	Ten Speed Press	Caregiving
73	1	Binder		I&A	Food/Nutrition	Eating Right is Basic	Michigan State University EXT.	1995	Michigan	Michigan State University	Caregiving
74	2	Binder		I&A	Food/Nutrition	More Meals for The Homebound	NYCity Department for the Aging	1989	New York, NY	NY City Department for the Aging	Food/Nutrition
103	1	Book		I&A	Food/Nutrition	Focus on Nutrition	DuPuy, Nancy Anne, M.S. & Mermel, Lee Virginia,	1995	Saint Louis, Missouri	Mosby-Year Book, Inc.	Aging
105	2	Book		I&A	Food/Nutrition	Foundations And Clinical Application of Nutrition,	Grodner, Michele, EDD, CHES; Anderson, Sara, Long,	1996	Saint Louis, MO	Mosby Year Book	Health
106	1	Book		I&A	Food/Nutrition	Screening Older Americans' Nutritional Health: Cur	Dwyer, Johanna T, D Sc. R.D. & Senior Scientist	1991	Washington, D.C.	Nutrition Screening Initiative	Health
107	1	Manual		I&A	Food/Nutrition	Nutritional Care Manual For Social Workers, Case M	Rachelle Zylstra	2000			Health
109	2	Book		I&A	Food/Nutrition	Implementing Nutrition Screening and Intervention	Gallagher-Allred, Charlotte R. Ph.D., R.D., L.D.	1993	Washington, D.C.	The Nutrition Screening Initiative	Health

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110	1	Book		I&A	Food/Nutrition	Nutrition and Diet Therapy	Williams, Rodwell, Sue, Ph.D., M.P.H., R.D.; assis	1993	Saint Louis, MO	Mosby Year Book, Inc.	Health
111	1	Book		I&A	Food/Nutrition	Diet Therapy	Williams, Rodwell, Sue, Ph.D., M.P.H., R.D.	1995	Saint Louis, MI	Mosby-Year Book, Inc.	Health
113	1	Book		I&A	Food/Nutrition	Introductory Nutrition	Gutherie, A. Hellen, Ph.D., D.Sc., R.D.	1983	Saint Louis, MI	The C.V. Mosby Company	Health
115	1	Folder		I&A	Food/Nutrition	Dementia: The Power of Nutrition in Caregiving	Cranston, Marnie, R.D. Licensed Nutritionist	1998	Bozeman, MT	Project Manager Information	Caregiving
117	1	Book		I&A	Food/Nutrition	Geriatric Nutrition	Natow, B. Annette, Ph.D., & Hesling Jo-Ann, M.A.,	1980	Boston, Massachusettes	CBI Publishing Company, Inc.	Caregiving
135	1	pamphlet		I&A	Food/Nutrition	Eating Well for Less	Washington State Dept of Social and Hlth Svcs.	1994			Health
136	2	pamphlet		I&A	Food/Nutrition	The Safe Food Book, Your Kitchen Guide	Parmley, Ann, Mary	1984 revised 1985			Health
137	1	Book		I&A	Food/Nutrition	Planning Meals That Lower Cancer Risk: A Referrenc	Rivers, M. Jerry, Ph.D., Collins, K. Karen, M.S.,	1984	Washington, D.C.	American Institute of Cancer Research	Health
139	1	Book		I&A	Food/Nutrition	Foodborne Diseases And Their Control	US DSHS, 2 chptrs Bryan, L. Frank	1980 republished 1982		USDHSH	Health
142	1	Book		I&A	Food/Nutrition	The Melting Pot an Ethnic Foods and Nutrition hand	Newman, M. Jacqueline, & Garske, P. Elayne	1984	Flushing, NY	Home Economics Department of Queens College	Health
143	1	Book		I&A	Food/Nutrition	Eating For Doctor Patients	National Institute of Health	1997		National Cancer Institute	Nursing

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ID	Quantity	Item	Video Length	Library	Category	Title	Author	Year	Location of Publisher	Publisher	Alternate Category(ies)
144	1	Book		I&A	Food/Nutrition	A Consumer's Dictionary of Food Additives	Winter, Ruth	1984	New York, NY	Crown Publishers	Health
145	1	Book		I&A	Food/Nutrition	The Food Allergy Cookbook		1986	New York, NY	Saint Martin's Press	Health
146	1	Book		I&A	Food/Nutrition	Eater's Digest The Consumer's Factbook of Food Add	Jacobson, F. Michael	1976	Garden City, NY	Anchor Books	Health
147	1	Book		I&A	Food/Nutrition	Fat of the Land	Powledge, Fred	1984	New York, NY	Simon and Schuster	Health
148	1	Book		I&A	Food/Nutrition	An Ounce of Prevention	The American Institute for Cancer Research	1986	Washington, D.C.	The American Institute for Cancer Research	Health
149	2	Book		I&A	Food/Nutrition	Eating Hints	U.S. Dept of Health and Human Services	1986	Bethesda, MD	NIH Publications	Health
150	1	Book		I&A	Food/Nutrition	Nutrition And Feeding of the Handicapped Child	Crump, M. Iris, R.D., M.S. Edited	1987	Boston, Mass	Little, Brown, and Company, Inc.	Nursing
198	1	Video		I&A	Food/Nutrition	Hearty and Healthy Breakfasts		1987	Los Angeles, CA	National Health Videos, Inc.	
206	1	Video		I&A	Food/Nutrition	Low Calorie Salad, Soup and Pasta			Los Angeles, CA	National Health Video, Inc.	
207	1	Video		I&A	Food/Nutrition	Light and Lively Fish and Chicken Dishes			Los Angeles, CA	National Health Video, Inc.	Health
209	1	Video		I&A	Food/Nutrition	Deserts and Snacks...without the Calories or Guilt!		1987	Los Angeles, CA	National Health Videos, Inc.	Health
317	1	DVD			Fraud	No Where to Run	US Postal Inspection Service	2005			
266	1	Book			Grief	Grief/Complicated Trauma	Schupp, Linda				
341	1	Conference Article			Grief	Weaving the Tapestry of Life: Loss	Jerry Brown/Denise Dudley				
51	1	Video		FCSP	Health	A Video from the National Institute on Aging	National Institute of Health				Aging

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53	1	Video		FCSP	Health	Wide Time: An HIV Odyssey	Aquarius Health Care Videos		Sherborn, MA	Aquarius Productions	Health
57	1	Book		I&A	Health	Healthy Life; Seniors' Self-Care Guide.	Powell, Don, R., Ph.D.	1998	Farmington Hills, MI	American Institute for Preventative Medication	Food/Nutrition
116	1	Folder		I&A	Health	The Channel	American Diabetes Association	2001		SmithKline Beecham Pharmaceuticals	
120	2	Binder		I&A	Health	Diabetes And Exercise: Exercising for Health	Knutzen, M. Kathleen, Ph.D.; Lynch, Mike; & Fune-P	2001		Western Washigton University	Health
138	1	Book		I&A	Health	Allergies and Your Family	Rapp, J. Doris, M.D., F.A.A.A., F.A.A.P	1980	New York, NY	Sterling Publishing Company	Misc.
200	1	Video	18 min.	I&A	Health	Prevention of Lower Extremity Amputation Patient E	Hass, Linda	1996	Seattle, WA	VA Puget Sound Health Care System	Misc.
202	1	Video	22 min.	I&A	Health	Taking Charge! Managing the Symptoms of HIV		1994			Misc.
220	1	Video		I&A	Health	Wide Time: An HIV Odyssey			Sherborn, Massachusettes	Aquarius Health Care Videos	
226	1	Video		I&A	Health	Stroke is an Emergency! Be Stroke Smart	National Strokes Foundation	1993			
278	1	Book			Health	Aids-Need to Know...Afraid to Talk					
351	2	Book		I & A	Health	Emotional First Aid Manual	Buell, Janet	2006			
361	1	Pamplet		I&A	Health	Patient and Family Guide to Hospice Care	Hospice			Hospice	
362	1	Booklet		I&A	Health	Promoting Aging Adult Health: Mental, Alcohol, et.	DSHS	2002		DSHS	
330	1	Video			Health Care	TBI Series: Brain Injuries, Psychdisorders, Behavio	UW, Aging and Disabilites				

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343	1	Video			Health/Blood Pressure	Vital Interest: Keeping Blood Pressure Under Control	Art Ulene, MD		1992	Merck	
331	1	Video			Health/Brain	The Brain At Risk	Nat'l Stroke Ass.	1993		Upjohn	
311	1	Video			Heart Disease	Living With Heart Disease	Merck	1994			
277	1	Video			High BP	High Blood Pressure/Housecall		1992		Merck	
269	1	Manual			HIV Eating	Healthy Eating Makes a Difference	Murphy, Sheila				
285	2	Pamphlets			Inform/bilingual	Arthritis (Prevention Is Family Affair)	Nat'l Ass. For Hispanic Elderly				
272	2	Pamphlet			Inform/Bilingual	Heart (Prevention is Family Affair)				Nat'l Ass. Of Hispanic Elderly	
298	2	Pamphlets			Inform/bilingual	Cancer-Prevention of Family Affair	Nat'l Ass. For Hispanic Elderly				
299	2	Pamphlets			Inform/bilingual	Diabetes-Prevention is Family Affair	Nat'l Ass. For Hispanic Elderly				
342	2	Pamphlets			Inform/Bilingual	Wellness: Prevention is a Family Affair				National Ass. Of Hispanic Elderly	
273	2	Book			Inform/Hispanic	El Ejercicio Y Su Salud		2001		Govt.	
271	1	Book			Informed Decision Making	Humanizing Prostate Cancer	Schultz/Oliver				
354	1	DVD		FCSP	Kinship	Lean On Me: Grandparents/Relatives Raising Children	AARP	2005	WA D.C.		
58	1	Book		I&A	Legal	Legal Problem Solver		1994	Pleasantville, NY	Readers' Digest	
59	1	Book		I&A	Legal	Senior Council: Legal & Financial Strategies for A	Battle, Carl, W.	1993	New York, NY	Allworth Press	Legal Counseling
76	1	Book		I&A	Legal	Your Legal Right to Make Decisions About Health Care	Surrogate Decision Makers				Misc.
77	1	Book		I&A	Legal	Health and Financial Decisions: Legal Tools for Pre	Commission on Legal Problems of the Elderly		Washington, D.C.	American Bar Association	Health/Legal

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193	1	Video		I&A	Legal	Dealing with Bureaucracy & Legal and Financial Iss	Alton, Tom J.D.		Evergreen Legal Services		
228	1	Video		I&A	Legal	Advanced Directives How to Choose a Nursing Home					
231	1	Video		I&A	Legal	In Your Hands: The Tools For Preserving Personal A	Commission on Legal Problems of the Elderly, ABA		Washington, D.C.	American Bar Association	
262	1	Video			Life's Lessons/Death	Chicken Soup for the Soul				Career Track Publ.	
312	2	Video			Lifting/Caregiver	Lifts With Care	LIKO				
305	1	Video			Lifting/Caregiving	In Service Training GDVO	LIKO				
306	1	Video			Lifting/Caregiving	In Service Training UNO	LIKO				
307	1	Video			Lifting/Caregiving	In Service Training Likolight	LIKO				
308	1	Video			Lifting/Caregiving	In Service Training LIKO	LIKO				
313	1	Book			Marketing/Plan for Jobs	Making Your Mark Count	Deborah Shouse	Skill Path Publication			
49	1	Binder		FCSP	Medicare	Washington Medicare Resource Kit, Medicare and You		2001	Seattle, WA	Washington Medical Research Partners	Caregiving
101	1	Book		I&A	Medicare	Group Health Medicare Directory	Group Health Cooperative	1999-2000		Group Health Cooperative	Misc.
184	1	Video	12 min.	I&A	Medicare	Understanding Medicare-Medicare and Coordinated Ca	Health Care Financing Administration		Baltimore, Maryland	Division of Beneficiary Services	Misc.
185	2	Video	10 min.	I&A	Medicare	Understanding Medicare-Medicare In Simple Terms	Health Care Financing Administration		Baltimore, Maryland	Division of Beneficiary Services	Nursing
256	1	Book			Memory/kids	Danger at Rocky River	Dane Chetkovich				

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17	1	Book		FCSP	Mental Health	A Gathering of Wisdoms: Swinomish Tribal M.H. Proj	Backlund, M. et al	1991	Mt. Vernon, WA	Veda Vangarde	Tribal
224	1	Video		I&A	Mental Health	Mental Health and Aging Panel Discussion	Raschko, Ray: Chair				
81	1	Binder		I&A	Misc.	Safety for Older Consumers, Home Safety Checklist	King County Coopertive Extention			Puget Sound Power and Light Company	Misc./Safety
82	1	Book		I&A	Misc.	Safety for Older Consumers, Home Safety Checklist	King County Cooperative Extention			Puget Sound	Misc./Safety
94	1	Book		I&A	Misc.	Widowhood in an American City	Lopata, Zaniecki, Helena	1973	Morristown, New Jersey	General Learning Press	Widowhood
102	1	Book		I&A	Misc.	A Guide to Youth Volunteer Involvement	National Meals on Wheels Foundation	1994	Grand Rapids, MI	National Meals of Wheels Foundation	Caregiving
121	1	Book		I&A	Misc.	The Medicine Show 1974	1974 Consumers Union of US, Inc.		Mount Vernon, NY		Nursing
192	1	Video		I&A	Misc.	Coping with Disasters	Department of Health and Human Services	1995			
221	1	Video		I&A	Misc.	Prespectives On Dysphagia					
222	1	Video		I&A	Misc.	Reverse Mortgage Choices	AARP Home Equity Information Center	1996	Washington, D.C.		
229	1	Video	13	I&A	Misc.	Elder Abuse: Detection and Reporting A Training Ta	The Pennsylvania Department of Aging		Harrisburg, PA		
232	1	Video		I&A	Misc.	Miss Nora's Store	The University of Maryland At Baltimore Med Sch		Baltimore, Maryland	U of MD at Baltimore School of Medicine	
233	1	Video		I&A	Misc.	Grace	The University of Maryland At Baltimore Med Sch		Baltimore, Maryland	U of MD at Baltimore School of Medicine	
19	1	Book		FCSP	Nursing	The Pill Book	Silverman, H.M. (Editor)	2000	New York, NY	Bantam Books	Misc.

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45	3	Book		FCSP	Nursing	What to do For Senior Health	Barnett, Albert. & Rushton, Nancy	2001	Whittier, CA	Institute for Healthcare Advancement	Caregiving
46	7	Book		FCSP	Nursing	What to do For Senior Health	Barnett, Albert, & Rushton, Nancy, & Mumaw, Lynne	2001	Whittier, CA	Institute for Health Care Advancement	Spanish
55	1	Book		I&A	Nursing	The Medical & Health Sciences: World Book, 2nd. Ed	Houghton, Mifflin	1982	Boston, MA		Health
69	1	Book		I&A	Nursing	Nursing Drug Reference	Skidmore, Roth. L., R.N.		Saint Louis, Miss	Year Book Inc.	Misc.
112	1	Book		I&A	Nursing	Perspectives In Nutrition	Insel, Wardlow	1993	Saint Louis, MI	Mosby-Year Books, Inc.	Health
122	2	Book		I&A	Nursing	Pressure Ulcers in Adults: Predictions & Preventio	US Department of Health and Human Services	1992	Rockville, Maryland		Health
124	1	Book		I&A	Nursing	Acute Pain Management	US Department of Health and Human Services	1992	Rockville, Maryland		Health
125	1	Book		I&A	Nursing	Depression in Primary Care: Vol 2 Treatment of Maj	US Department of Health and Human Services	1992	Rockville, Maryland		Health
129	2	Binder		I&A	Nursing	Prevention is a Family Affair, Arthritis	Asociacion Nacional Pro Personas Mayores		Los Angeles, CA		Caregiving
130	2	Binder		I&A	Nursing	Prevention is a Family Affair, Cancer	Asociacion Nacional Pro Personas Mayores		Los Angeles, CA		Caregiving
131	2	Binder		I&A	Nursing	Prevention is a Family Affair, Diabetes	Asociacion Nacional Pro Personas Mayores		Los Angeles, CA		Caregiving
132	2	Binder		I&A	Nursing	Prevention is a Family Affair, Heart	Asociacion Nacional Pro Personas Mayores		Los Angeles, CA		Caregiving

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133	2	Binder		I&A	Nursing	Prevention is a Family Affair, Wellness	Asociacion Nacional Pro Personas Mayores		Los Angeles, CA		Caregiving
140	1	Book		I&A	Nursing	Perspectives on Dysphagia (Study Guide) Identifica	The American Diabetes Corporation	1992	Evansville, Indiana	Bristol Myers Squibb Company	Nursing
183	1	Video	11 min.	I&A	Nursing	What to Look for in a Nursing Home	Health Care Financing Administration		Baltimore, Maryland	Division of Beneficiary Services	Caregiving
268	1	Folder			Nutrition	Eating Right is Basic (Pictures)		1995		3rd Edition,MSU Extension	
316	1	Manual			Nutrition	Nutrition Handbook for Home Caregiver	Am. Academy of Physicians/ Diabetes Ass.				
319	1	Video			Oral Care	Oral Care Basics for Caregivers			Wa. Dental Ass.		
320	8	Book			Parkinson Series/Spanish/English	Parkinson's Disease	Nat'l Parkinson Foundation				
346	1	Video			Quality of Life	Your Aging Senses				Ross Laboratories	
347	1	Video			Quality of Life	You're Only Old Once/Adding Life to Years				Ross Laboratories	
270	1	Soft Book			Recipes/Care	Fresh-From-The -Farm			Wa. State U.		
353	1	Book		I&A	Resources	Staying Right Where You Are	AARP	2005	WA D.C	AARP	
325	1	Book			Romance after 60	Seasons of the Heart	Zenith H. Gross			New World Library	
297	30	Pamphlets			Self Help	ControlYour Diabetes for Life	Nat'l Diabetes Education Program				
318	1	Book			Self Help	Organized for Success	Nanci McGraw		Skill Path Publications		

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324	1	Book			Self Help	Taking Charge: Managing Projects/Priorities	Michal E. Feder				
241	1	Book			Self help/Attitude	A Winning Attitude	Michelle F. Poley			Skill Path Publ.	
310	1	Book			Self Help/Financial	Life Scripts	Stephen Pollan; Mark Levine				
257	1	Book			Self-examination	Discovering Your Purpose	Ivy Haley			Skill Path Pub.	
265	1	Book			Self-Help/speaking	Great Openings.Closing:Launching Presentations	Varga, Mari				
247	1	Video			Series with Binder	Best Wishes Edith and Henry				WSU Coop Ext./Whatcom County	
276	1	Video/Binder			Series with Binder	Due Upon Receipt				WSU Coop Ext. Whatcom Co.	
322	1	Book			Team Building	The ABC's of Empowered Teams	Mark Towers		Skill Path Publications		
108	1	Binder		I&A	Training Resource	Nutrition And HIV / AIDS	Home Support of Canada	1994	Ottawa, Ontario, Canada	HomeSupport,	Health
345	4	Book			Vocabulary	Medical and Health Services Vocabulary					