

Northwest Regional Council - Regular Meeting
10:00 A.M. April 1, 2010
Skagit County Commissioners Office,
1800 Continental Place, Mount Vernon
Commissioners Hearing Room
360-336-9300

AGENDA

Agenda Topic	Pages	Action Required
1. Call to Order		
2. Public Comment		
3. Consent Agenda		
<p>All matters listed with the Consent Agenda have been distributed to each Council Member for reading and study, are considered to be routine, and will be enacted by one motion of the Northwest Regional Council with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Council Member.</p> <p>The Northwest Regional Council moves to approve the Consent Agenda:</p>		
a) Approval of the Minutes	1 - 3	Motion to Approve
b) Approval of October, November, December 2009, and January 2010 Voucher Listings	4 - 62	Motion to Approve
c) 2009 Expenditure Report (September through December)	63 - 84	Motion to Approve
d) 2010 Supplemental Budget #1, Resolution 10 - 01	85 - 114	Motion to Approve
e) RFQ Process for Ancillary Services	115	Motion to Approve
f) Routine Contracts/Amendments	116 - 117	Motion to Approve
4. Regular Agenda		
a) Executive Session – Personnel Matters	118	
Executive Director Performance Evaluation	ENCLOSURE	Motion as Needed
b) Appoint Nominating Committee	119	Appoint
c) 2009 NWRC Accomplishments	120- 122	Information
5. Legislative and Advocacy Issues Update	123 - 140	Information
6. Presentation:	HANDOUT	Information
State Senior Citizens Services Act		
7. Program Updates	VERBAL	Information
• Grant Programs		
• NW LEARN		
8. Other Issues	VERBAL	Information
• County Information Sharing		

Agenda Topic	Pages	Action Required
9. Announcements		
10. Adjournment		
Future NWRC Meetings		
June 24, 2010	Skagit County Commissioners Office, Mt. Vernon, WA	

For more complete information, please contact the NWRC office at (360) 676-6749(V/TDD) or 1-800-585-6749 (V/TDD), 600 Lakeway Drive, Suite 100, Bellingham, WA 98225. Anyone needing special accommodations to participate in the meeting should contact the Northwest Regional Council by 5:00 P.M. 48 hours in advance of the scheduled meeting.

MINUTES OF THE NORTHWEST REGIONAL COUNCIL

Nov. 5, 2009

Skagit County Commissioners Hearing Room, Mount Vernon

COUNCIL: Chair, Councilman Bob Myhr (San Juan,) Councilman Gene Knapp (San Juan,) County Executive Pete Kremen (Whatcom,) Commissioners John Dean and Helen Price Johnson (Island)

STAFF: Victoria Doerper, Pat Atkinson, Richard Dietz, Pat Elwell

GUESTS: Josselyn Winslow, Alzheimer Society of Washington, Glen Hallman, NWSSB - Whatcom, Bill Pliska, NWSSB – Skagit, Vicki McCarty, Mount Vernon Presbyterian Church Care Team, Andrew Teijen, Mount Vernon High School Student

Public Comment

Vicki McCarty, resident of Camano Island and member of the Mount Vernon Presbyterian Church Care Team, stated the purpose of the Presbyterian Church Care Team is to educate the public about Alzheimers and to support caregivers. Ms. McCarty introduced Andrew Teijen, a Mount Vernon High School student and member of the Mount Vernon Presbyterian Church. As his Eagle Scout project, Andrew is working with the Presbyterian Church Care Team to bring Project LifeSaver to Mount Vernon. Project LifeSaver is a radio transmitter bracelet for people with dementia who wander and may become lost. The radio transmitter bracelet enables police and others to quickly locate the wandering individual. Mr. Teijen distributed brochures and explained how he is helping the Mount Vernon police department acquire the radio transmitter receiver needed to work with the radio transmitter bracelets. Discussion followed.

Josselyn Winslow, Alzheimer Society of Washington, noted the importance of expanding this program to the county level. Currently she is working with NWRC to help cover the cost of the bracelet for those individuals eligible under the Medicaid program; the Lions Club is also assisting in procuring bracelets.

The National Commemorative Candle Lighting Program, Ray of Hope, will take place November 15th at the Whatcom County Museum Rotunda and is a tribute to those currently affected by dementia as well as in memory of those affected in the past.

Consent Agenda

Motion was made by County Executive Pete Kremen and seconded by County Commissioner John Dean to approve the Consent Agenda: Minutes of the June 25, 2009 meeting; May 2009 Voucher Listings Nos. 36473 through 36684 in the amount of \$835,516.13; June 2009 Voucher Listings Nos. 36685 through 36927 in the amount of \$846,266.06; July 2009 Voucher Listings Nos. 36928 through 37167 in the amount of \$847,536.20; August 2009 Voucher Listings Nos. 37168 through 37358 in the amount of \$796,535.73; September 2009 Voucher Listings Nos. 37359 through

37596 in the amount of \$844,948.19; Resolution #09-02, Supplemental Budget #2; NWSSB recommended Update to the 2008-2011 Area Plan; January – August 2009 Expenditure Report as presented; and, Resolution #09-03, Cancellation of Warrants. The Motion passed unanimously.

Regular Agenda

- a) NWSSB Funding Recommendations for 2010 - Victoria Doerper, NWRC Executive Director, reviewed the funding recommendations process and the role of the advisory board during this process. The governing board funding recommendations are contained in the proposed 2010 NWRC budget.
- b) Potential Appeals(s) to NWSSB Funding Recommendations – There were no appeals.
- c) 2010 Budget, Resolution 09-04 – An overview of the 2010 Budget was provided.

Motion was made by County Executive Pete Kremen and seconded by County Councilman Gene Knapp that the Northwest Regional Council approves the 2010 budget as presented, including a cost of living adjustment of 2.5% for all NWRC employees, effective January 1, 2010. The Motion passed unanimously.

Council members commended staff on the readability and usability of the budget document. In addition, council members expressed appreciation to the artist, Ron Wilson, for the use of his artwork throughout the document.

Audit Report

NWRC experienced a clean audit for 2008. There were no Findings nor Management Letters issued. Council members commended staff on their repeat clean audit and diligence throughout the year.

Legislative & Advocacy Issues Update

State Issues- The most recent State revenue report reflected a continued decline over expected revenue. It appears the legislature will be considering cuts as much as 12 billion dollars in order to balance the budget. The Washington Association of Area Agencies on Aging (W4A) will be focusing advocacy efforts on maintaining, or at the very least, minimizing cuts to programs that are funded with State dollars only, such as the State Senior Citizen Services Act (SCSA) and the Family Caregiver Support Program. Staff continue to look for grants and other funding opportunities.

Federal Issues – Staff participated in a phone conference with Representative Larsen regarding Health Care Reform. Topics covered included Medicare reimbursement rates, closing the Medicare Part D “doughnut hole” and options for individuals to voluntarily contribute to their own Long Term Care needs. The Older Americans Act received a modest increase. Discussion followed.

Presentation:

Richard Dietz presented “Supporting Unpaid Family Caregivers in Washington State.” Discussion followed and handouts were distributed. Josselyn Winslow was credited for advocating on behalf of family caregivers for the past 25 plus years.

Program Updates

Victoria provided an update on the Veterans’ Services, Hospital Transitions Projects and the Nursing Home Diversion (aka Community Living) Grant.

2010 Proposed Meeting Schedule

The 2010 proposed meeting schedule was presented and discussion followed.

Motion was made by County Executive Pete Kremen and seconded by County Commissioner Helen Price Johnson that the Northwest Regional Council approves the proposed meeting schedule for 2010. The Motion passed unanimously.

Other Issues

Council members shared and discussed budget challenges and approaches within their prospective counties. It was noted that Camano Island has Project LifeSaver up and running and it will soon be implemented on Whidey Island.

Announcements

The “Reducing Homeownership Costs” brochure was distributed. It was noted that Ward Nelson will no longer be serving on the governing board as he has chosen not to run for re-election.

Adjournment

There being no further business, the Chair declared the meeting adjourned at 11:23 a.m. The next NWRC meeting is scheduled for March 25, 2010, at the Skagit County Commissioners Hearing Room at 10:00 a.m.

Prepared and submitted by:

Patricia F. Elwell, Executive Assistant/HR Generalist