

CAN-DO: Helpful Phone Numbers & Web Sites

STATE Numbers & Websites

360-786-7573

State Legislature Information Center

Get copies and status of bills, schedules for committee meetings and floor sessions in the State House and Senate. Hours: 7:30 to 5:30 Mon.-Fri. during the Legislative session, Sat. if legislators are on the floor and 8-5 Mon.-Fri. when not in session.

1-800-562-6000

State Legislative Hotline. Toll-free line to call in messages to state lawmakers. Also provides all the information available above from the Information Center. Open 8-8 Mon-Fri., 9-1 Sat. during the session.

<http://www.leg.wa.gov/>

Washington State Legislature's homepage. Download text of bills. Information links to bill activity, committee meetings, backgrounds of State House and Senate members. Includes links to send e-mail directly to your Legislators.

<http://www.governor.wa.gov/>

Washington Governor's website. Information on the Governor's proposals to the Legislature, and Bills awaiting the Governor's signature. Includes a link to send e-mail to the Governor.

<http://access.wa.gov/>

Access Washington. Links to state agencies, the Legislature and Governor's offices.

<http://www.secstate.wa.gov/>

Secretary of the State's website link to the initiatives proposed for the coming election.

<http://www.ofm.wa.gov/>

State Office of Financial Management website. Links include information on fiscal affects to the state and some local services from legislative proposals, legislation adopted, and initiatives.

<http://apps.leg.wa.gov/districtfinder>

Find out which **State Legislative District** you live in. Just type in your home address.

<http://www.tvw.org>

TVW provides unedited TV and Web coverage of state government deliberations and public policy events.

Northwest Regional Council

<http://www.NWRCWA.org/>

NWRC Homepage. Information about community-based long-term care services in Island, San Juan, Skagit and Whatcom counties.

More Helpful Phone Numbers & Web Sites

Federal/National Organization Websites

http://thomas.loc.gov/	Congress on the Internet. Track federal legislation. Links to send e-mail to members of Congress and to contact federal agencies. Links to the Federal Register, federal laws and regulations.
http://www.aoa.gov/	U.S. Administration on Aging. Links to information on federal programs for the elderly.
http://www.house.gov/	Official House of Representatives website. Links to individual Representatives, committees and legislation.
http://www.senate.gov/	Official U.S. Senate website. Links to individual Representatives, committees and legislation. Links to send e-mail directly to senators.
http://www.whitehouse.gov/	Official White House website. Links to federal agencies, commonly accessed federal websites. Links to send e-mail directly to the President or Vice President.
http://www.n4a.org/	National Association of Area Agencies on Aging. Links to advocacy alerts on issues in Congress from the <u>Center on Aging Policy</u> . Links to the nationwide Eldercare Locator to find local services for seniors throughout the U.S.
http://www.aarp.org/ http://www.aarp.org/legislative	AARP's official website. News on senior issues. Also the second website is AARP's Legislative Guide on a variety of legislative issues which AARP advocates and monitors.