

SENIOR INFORMATION & ASSISTANCE

Northwest Regional Council
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Potentially Inappropriate Medications for the Elderly According to the Revised Beers Criteria

The list of drugs below is a summary of information from a report in the *Archives of Internal Medicine*: Fick DM, Cooper JW, Wade WE, Waller JL, Maclean JR, Beers MH, Updating the Beers Criteria for Potentially Inappropriate Medication Use in Older Adults: Results of a US Consensus Panel of Experts. Arch Intern Med. 2003; 163:2716-2724.

A

alprazolam (Xanax®)
amiodarone (Cordarone®)
amitriptyline (Elavil®)
amphetamines
anorexic agents

B

barbiturates
belladonna alkaloids (Donnatal®)
Benadryl® (diphenhydramine)
Bentyl® (dicyclomine)
bisacodyl (Dulcolax®)

C

Cardura® (doxazosin)
carisoprodol (Soma®)
cascara sagrada
catapres (Clonidine®)
chlordiazepoxide (Librium®, Mitran®)
chlordiazepoxide-amitriptyline (Limbitrol®)
chlorpheniramine (Chlor-Trimeton®)
chlorpropamide (Diabinese®)
chlorzoxazone (Paraflex®)
Chlor-trimeton® (chlorpheniramine)
cimetidine (Tagamet®)
clidinium-chlordiazepoxide (Librax®)
clonidine (Catapres®)
clorazepate (Tranxene®)
Cordarone® (amiodarone)

cyclandelate (Cyclospasmol®)
cyclobenzaprine (Flexeril®)
Cyclospasmol® (cyclandelate)
cyproheptadine (Periactin®)

D

desiccated thyroid
dexchlorpheniramine (Polaramine®)
diazepam (Valium®)
dicyclomine (Bentyl®)
digoxin (Lanoxin®)
Ditropan® (oxybutynin)
diphenhydramine (Benadryl®)
diabinese (Chlorpropamide®)
dipyridamole (Persantine®)
disopyramide (Norpace®, Norpace® CR)
Donnatal® (belladonna alkaloids)
doral (Quazepam®)
doxazosin (Cardura®)
doxepin (Sinequan®)
Dulcolax® (bisacodyl)

E

Elavil® (amitriptyline)
ergot mesyloids (Hydergine®)
estrogens
ethacrynic acid (Edecrin®)

F

Feldene® (piroxicam)
 ferrous sulfate (iron)
 Flexeril® (cyclobenzaprine)
 fluoxetine (Prozac®)
 flurazepam (Dalmane®)

G

guanadrel (Hylorel®)
 guanethidine (Ismelin®)

H

halazepam (Paxipam®)
 Halcion® (triazolam)
 hydroxyzine (Vistaril®, Atarax®)
 hyoscyamine (Levsin®, Levsinex®)

I

indomethacin (Indocin®, Indocin®SR)
 isosuprine (Vasodilan®)

K

ketorolac (Toradol®)

L

Lanoxin® (digoxin)
 Librax® (clidinium-chlordiazepoxide)
 Librium® (Mitrin®, chlordiazepoxide)
 Limbitrol® (chlordiazepoxide-amitriptyline)
 lorazepam (Ativan®)

M

Mellaril® (thioridazine)
 meperidine (Demerol®)
 meprobamate (Miltown®, Equanil®)
 mesoridazine (Serintil®)
 metaxalone (Skelaxin®)
 methocarbamol (Robaxin®)
 methyldopa (Aldomet®)
 methyldopa-hydrochlorothiazide (Aldoril®)
 methyltestosterone (Android®, Virilon®, Testrad®)
 mineral oil
 Mitrin® (Librium®, chlordiazepoxide)

N

naproxen (Naprosyn®, Avaprox®, Aleve®)
 Neoloid® (castor oil)
 nifedipine (Procardia®, Adalat®)
 nitrofurantoin (Microdantin®)

Norpace® (Norpace® CR, disopyramide)
 Norpace® CR (Norpace®, disopyramide)

O

orphenadrine (Norflex®)
 oxaprozin (Daypro®)
 oxazepam (Serax®)
 oxybutynin (Ditropan®)

P

Paraflex® (chlorzoxazone)
 pentazocine (Talwin®)
 Periactin® (cyproheptadine)
 perphenazine-amitriptyline (Triavil®)
 Persantine® (dipyridamole)
 piroxicam (Feldene®)
 Polaramine® (dexchlorpheniramine)

Q

quazepam (Doral®)

R

reserpine (Serpalan®, Serpasil®)
 Restoril® (temazepam)

S

Serpalan® (Serpasil®, reserpine)
 Serpasil® (Serpalan®, reserpine)
 Sinequan® (doxepin)
 Soma® (carisoprodol)

T

Tagamet® (cimetidine)
 Talwin® (pentazocine)
 temazepam (Restoril®)
 thioridazine (Mellaril®)
 Ticlid® (ticlopidine)
 ticlopidine (Ticlid®)
 Tigan® (trimethobenzamide)
 Tranxene® (clorazepate)
 Triavil® (perphenazine-amitriptyline)
 triazolam (Halcion®)
 trimethobenzamide (Tigan®)
 tripeleminamine (Pyribenzamine®)

V

Valium® (diazepam)

X

Xanax® (alprazolam)