

SENIOR INFORMATION & ASSISTANCE

Northwest Regional Council
600 Lakeway Drive, Suite 100
Bellingham, WA 98225
(360) 738-2500
www.nwrcwa.org

Northwest Regional Council
1650 Port Drive
Burlington, WA 98233
(360) 428-1301
www.nwrcwa.org

Potentially Inappropriate Medications for Seniors according to the Revised Beers Criteria

The list of drugs below is a summary of information from a report in the Archives of Internal Medicine: Fick DM, Cooper JW, Wade WE, Waller JL, Maclean JR, Beers MH: Updating the Beers Criteria for Potentially Inappropriate Medication Use in Older Adults: results of a US consensus panel of experts. Arch Intern Med. 2003; 163:2716-2724.

A

alprazolam (Xanax®)
amiodarone (Cordarone®)
amitriptyline (Elavil®)
amphetamines
anorexic agents

B

barbiturates
belladonna alkaloids (Donnatal®)
Benadryl® (diphenhydramine)
Bentyl® (dicyclomine)
bisacodyl (Dulcolax®)

C

Cardura® (doxazosin)
carisoprodol (Soma®)
cascara sagrada
catapres (Clonidine®)
chlordiazepoxide (Librium®, Mitran®)
chlordiazepoxide-amitriptyline (Limbitrol®)
chlorpheniramine (Chlor-Trimeton®)
chlorpropamide (Diabinese®)
chlorzoxazone (Paraflex®)
Chlor-trimeton® (chlorpheniramine)
cimetidine (Tagamet®)
clidinium-chlordiazepoxide (Librax®)
clonidine (Catapres®)
clorazepate (Tranxene®)
Cordarone® (amiodarone)
cyclandelate (Cyclospasmol®)
cyclobenzaprine (Flexeril®)
Cyclospasmol® (cyclandelate)
cyproheptadine (Periactin®)

D

desiccated thyroid
dexchlorpheniramine (Polaramine®)
diazepam (Valium®)
dicyclomine (Bentyl®)
digoxin (Lanoxin®)
Ditropan® (oxybutynin)
diphenhydramine (Benadryl®)
diabinese (Chlorpropamide®)
dipyridamole (Persantine®)
disopyramide (Norpace®, Norpace® CR)
Donnatal® (belladonna alkaloids)
doral (Quazepam®)
doxazosin (Cardura®)
doxepin (Sinequan®)
Dulcolax® (bisacodyl)

E

Elavil® (amitriptyline)
ergot mesyloids (Hydergine®)
estrogens
ethacrynic acid (Edecrin®)

F

Feldene® (piroxicam)
ferrous sulfate (iron)
Flexeril® (cyclobenzaprine)
fluoxetine (Prozac®)
flurazepam (Dalmane®)

G

guanadrel (Hylorel®)
guanethidine (Ismelin®)

H

halazepam (Paxipam®)
Halcion® (triazolam)
hydroxyzine (Vistaril®, Atarax®)
hyoscyamine (Levsin®, Levsinex®)

I

indomethacin (Indocin®, Indocin®SR)
isoxsuprine (Vasodilan®)

K

ketorolac (Toradol®)

L

Lanoxin® (digoxin)
Librax® (clidinium-chlordiazepoxide)
Librium® (Mitrans®, chlordiazepoxide)
Lorbitol® (chlordiazepoxide-amitriptyline)
lorazepam (Ativan®)

M

Mellaril® (thioridazine)
meperidine (Demerol®)
meprobamate (Miltown®, Equanil®)
mesoridazine (Serentil®)
metaxalone (Skelaxin®)
methocarbamol (Robaxin®)
methyldopa (Aldomet®)
methyldopa-hydrochlorothiazide (Aldoril®)
methyltestosterone (Android®, Virilon®,
Testrad®)
mineral oil
Mitrans® (Librium®, chlordiazepoxide)

N

naproxen (Naprosyn®, Avaprox®, Aleve®)
Neoloid® (castor oil)
nifedipine (Procardia®, Adalat®)
nitrofurantoin (Microdantin®)
Norpace® (Norpace® CR, disopyramide)
Norpace® CR (Norpace®, disopyramide)

O

orphenadrine (Norflex®)

oxaprozin (Daypro®)
oxazepam (Serax®)
oxybutynin (Ditropan®)

P

Paraflex® (chlorzoxazone)
pentazocine (Talwin®)
Periactin® (cyproheptadine)
perphenazine-amitriptyline (Triavil®)
Persantine® (dipyridamole)
piroxicam (Feldene®)
Polaramine® (dexchlorpheniramine)

Q

quazepam (Doral®)

R

reserpine (Serpalan®, Serpasil®)
Restoril® (temazepam)

S

Serpalan® (Serpasil®, reserpine)
Serpasil® (Serpalan®, reserpine)
Sinequan® (doxepin)
Soma® (carisoprodol)

T

Tagamet® (cimetidine)
Talwin® (pentazocine)
temazepam (Restoril®)
thioridazine (Mellaril®)
Ticlid® (ticlopidine)
ticlopidine (Ticlid®)
Tigan® (trimethobenzamide)
Tranxene® (clorazepate)
Triavil® (perphenazine-amitriptyline)
triazolam (Halcion®)
trimethobenzamide (Tigan®)
tripelennamine (Pyribenzamine®)

V

Valium® (diazepam)

X

Xanax® (alprazolam)